



# Menu

**VRL**  
VAN LOVEREN

# Breakfast

## French Toast 55

2 Slices of bread soaked in beaten egg, served with syrup.

## Steward's Breakfast 60

1 Egg, 2 rashers bacon, grilled tomato topped with cheese, 1 slice of toast & 100g chips.

## Eggs On Toast 55

2 Eggs on 2 slices of toast.

## Sunset Breakfast 60

Scrambled eggs on 2 slices of toast, 2 rashers bacon & grilled tomato topped with cheese.

## Sailor's Breakfast 80

2 Eggs, 2 rashers bacon, fried onions & mushrooms, grilled tomato topped with cheese, 2 slice of toast & 100g chips.

## Hashbrown Breakfast 90

2 Eggs, 2 hashbrowns, fried onion & mushrooms, baked beans, grilled tomato topped with cheese, 2 slice of toast & 100g chips.

## Cheese Omelette 55

3 Egg omelette, topped with cheese and your choice of toppings.

*Choose your omelette toppings:  
\*price per topping*

Boerewors / Bacon + 40

Cheese Griller + 30

Feta, Mushrooms, Ham + 30

Olives / Onions / Tomato + 20

Cheddar / Mozzarella + 25

## Croissant/Scones 55

Served with margarine, jam & cheese.

## Captain's Breakfast

140

2 Eggs, 2 rashers bacon, cheese griller or boerewors, fried onion & mushrooms, baked beans, grilled tomato topped with cheese, 2 slice of toast & 100g chips.

# Toasted Sandwiches

Bacon, Egg & Cheese 80

Chicken Mayonnaise 70

Bacon & Cheese 65

Ham, Tomato & Cheese 65

Ham & Cheese 60

Tomato & Cheese 55

Cheese 55

## Bread

Choose from brown or white bread.

## Chips

All toasted sandwiches are served with 200g chips.

# Tramezzini

## Chicken Mayonnaise 105

Chicken mayonnaise, mozzarella cheese, gherkins, onions & 200g chips.

## Bacon, Egg & Cheese 105

Bacon, scrambled egg, cheese & 200g chips.

## Steak 125

Steak, onion, feta & 200g chips.

## Vegetarian Tramezzini 105

Sun-dried tomato, feta, mozzarella cheese, onions, olives, avocado (seasonal) & 200g chips.

# Burgers

## BBQ Burger 120 / 160

Beef or chicken (grilled or crumbed), garnish & 200g chips.

## Cheese Burger 130 / 170

Beef or chicken (grilled or crumbed) patty, cheese, garnish & 200g chips.

## Vegetarian Burger 95 / 130

Vegetarian patty, garnish & 200g chips.

## Prego Steak Burger 120 / 160

Tenderized steak topped with caramelized onions, peri-peri sauce & 200g chips.

## Cheddammelt Burger

single / double  
140 / 175

Beef or chicken (grilled or crumbed) topped with cheese and choice of mushroom or pepper sauce & served with 200g chips.

# Extra Sauces

Mushroom  
Cheese  
Pepper

R30

Garlic Butter  
Prego

# Baskets

## Beef Samosa Basket 75

6 Beef samosas, 200g chips served with sauce of your choice.

## Vegetable Samosa Basket 75

6 Vegetable samosas, 200g chips served with sauce of your choice.

## Russian Basket 90

Pieces of russian, 200g chips served with sauce of your choice.

## Chicken Wings Basket 110

6 Plain or spicy wings, 200g chips served with sauce of your choice.

## Chicken Strips Basket 110

Crumbed chicken strips, 200g chips served with sauce of your choice.

## Cocktail Ribs Basket 120

Cocktail ribs (250g), 200g chips served with sauce of your choice.

## Calamari Basket 120

250g Calamari served with 200g chips and sauce of your choice.

## Seafood Basket 155

Hake, calamari, crabstick, scallops & panko prawns served with 200g chips and sauce of choice.

## Prawns Basket

6 Prawns made your way!

Choose your style:

- Lemon Butter
- Garlic Butter
- Peri-Peri

200g chips served with sauce of your choice.

**R180**

## Sauce

choose a sauce for your basket:

- BBQ
- Tar-tar
- Honey & Mustard
- Peri-Peri
- Sweet Chilli
- Mayonnaise

## Boerewors Basket

80

Pieces of boerewors, 200g chips served with sauce of choice.

# Mains

## Hake

130

Deep-fried or Grilled Hake, 200g chips, onion rings served with tar-tar sauce and lemon wedge.

## Prawn Chicken Schnitzel

single / double

180 / 220

Crumbed chicken fillet topped with prawns, garlic cheese sauce & 200g chips.

**R280**

## Set Sail Prawns 12 Prawns & 200g chips.

Choose your Style: - Lemon Butter  
- Garlic Butter  
- Peri-Peri



## Steaks

Flame grilled steak served with chips & onion rings.

250g

160

350g

210

## Steak, Egg & Chips

195

250g Flame grilled steak, egg served with chips and onion rings.

## Chicken Schnitzel

Crumbed chicken fillet, 200g chips served with your choice of sauce:

Mushroom / Cheese / Pepper

Single

140

Double

175

## 500g Ribs

195

500g Flame grilled pork ribs served with chips and onion rings.

## Salad

Greek Salad

90

Chicken Salad

110

Chicken, Bacon & Croutons Salad

130

## Chips

Small

35

Large

70

# Platters

Build your own:

- Choose a minimum of 3 items.
- Includes 100g chips.

Boerewors x2	60
Cocktail Cheese Grillers	55
Chicken Strips	70
Onion Rings	45
Ribs	80
Steak Strips	85
Calamari	60
Russian x2	65
Beef Samosas	60
Vegetable Samosas	60
Spring Rolls	60
Plain Chicken Wings	70
Spicy Chicken Wings	70
Extra Chips ( 200g )	40

# Pizza

Focaccia	70
Ham & Mozzarella	120
Chicken	135
Vegetarian	130
Meaty	150



# Specials

## Chicken Wraps 90

Chicken strips, cheese, lettuce, tomatoes, cucumber, special sauce & chips.

## Sweet Chilli Chicken Wrap 90

Chicken strips, cheese, lettuce, tomatoes, cucumber, sweet chilli sauce & chips

## Lasagna 95

Beef lasagna & salad.

## Spaghetti Carbonara 85

Spaghetti, ham, carbonara sauce topped with cheese.

## Macaroni Fully Loaded 85

Macaroni, bacon, onion loaded with cheese sauce and topped with cheese.

## Nachos 110

Corn chips, cheese sauce, salsa, guacamole, sour cream topped with cheese.

## Butter Chicken 95

Butter chicken, rice or roti & sambals.

## Spaghetti Bolognese 85

Spaghetti loaded with Bolognese sauce topped with cheese.

## Macaroni & Cheese 75

Macaroni loaded with cheese.

## Loaded Chips 85

Chips covered in cheese sauce and topped with bacon.

*Soup of  
the day*

Delicious soup served with bread roll.

**R55**

# Desserts

## Malva Pudding

70

Old fashioned malva pudding served with cream, ice cream or custard

## Strawberry Cheesecake

75

Served with ice cream or cream.

## Ice Cream & Choc Sauce

60

## Chocolate Brownies

Served with ice cream or cream.

R70

## Waffles

(Choice ice cream or cream)

### Plain with Syrup

50

Add white or choc sauce

20

Add choc sprinkles

15

# Kids

## BREAKFAST

### Happy Hashbrown 50

Scrambled egg, 3 smiley's & 1 slice of toast.

### Happy Piggy 1 50

Scrambled egg, bacon & 1 slice of toast.

### Happy Piggy 2 50

Scrambled egg, 3 cocktail cheese griller & 1 slice of toast.

## MAINS

### Toasted Cheese Sandwich 45

White or brown bread topped with cheese & 100g chips.

### Chicken Nuggets/Strips 55

Chicken strips & 100g chips

### Fish Fingers 55

Fish fingers & 100g chips.

## Cocktail Cheese Grillers

6 Cocktail cheese grillers & 100g chips

60

### Macaroni & Cheese 45

### Cheese Pizza 55

